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# Stewpot December 2022 Newsletter

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**From the Stewpot**

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**Stewpot Christmas  
Bags**

One hundred and fifty Stewpot Christmas bags are prepared each year for the Stewpot Diners. They are prepared in early December and distributed to the diners closer to Christmas. The bags contain a variety of items such as a blanket, poncho, socks, gloves, candy and food items. The bags cost approximately \$12.50 each. Any additional monies collected will be used for personal hygiene items throughout the coming year. If you would like to make a donation to help defray the cost of the Christmas bags, click on Donations at the end of this newsletter or send a check to Stewpot. Thank you all in advance. Nancy Carter, a member of the First Wednesday Stewpot team and also the Stewpot Board Vice Chair, is responsible for this event. She has already purchased all of the items. If you would like to help either assemble the bags (Friday, December 9th at 10:00 a.m.) or distribute the bags to the diners (Monday,



December 19th from 12:00 - 1:00 p.m.), please **text Nancy Carter (501) 351-0775** or email her at **(nesherman57@yahoo.com)**.

If you would like to help serve our Christmas Feast to our diners on Thursday, December 22nd from 12:00 - 1:00 p.m., call or text Nancy Howell - 501-519-3281

**Photos below are from previous year.**







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**Diane Brownlee**



## Spotlight on...

Diane Brownlee has been volunteering at Stewpot on Trinity Episcopal Cathedral's Monday Team workday since the time of Maggie Herndon, so, about 20 years. Initially, she was on the staff at Trinity so was available to serve leftovers or vegetables in the 2<sup>nd</sup> floor dining hall set aside for diners during holidays and summer breaks. At retirement, she became an every-other Monday regular. And at the Pandemic start, she became the Bag Lady for every Wednesday, which she believes is the most creative day of all the non-holiday weeks at Stewpot. It's usually a hot food lunch day, so prepping for distribution looks unique.

Although she says that she misses the diners, she has loved working with each month's volunteer team and loved celebrating their energy together, especially while they were working throughout the COVID time of serving changes. Each group continues to bring a different dynamic and that, coupled with Nancy Howell's willingness to share recipes and



seasoning tips, makes the Wednesday morning's work of filling paper sacks with delicious menu offerings different...and fun. She is thankful for Stewpot's sustained efforts to feed all who ask in downtown Little Rock. Photos below shows Diane doing her job of filling the Sack Lunch Bags.



## Stewpot Thanksgiving Feast

Stewpot served a special Thanksgiving Feast on Tuesday, November 22nd. The food served included turkey breast mixed with stuffing, sweet potatoes, green beans, fruit salad, rolls and butter, drinks and homemade pumpkin pie with whip cream. Jason and his mother made four large pans of pumpkin pie which were cut into 160 squares. The food smelled delicious and the diners were pleased with lots of "Thank You's."



## Cutting Up the Turkey





**The Biggest Turkey of All!**



## The Thanksgiving Feast

### Mothers and Sons Volunteer at the Stewpot

### Callie and CJ Raspberry

CJ Raspberry is a senior at



University of Arkansas -Pine Bluff and Callie Raspberry is a fundraiser for St. Louis Children's Hospital. A sorority sister from Little Rock mentioned Stewpot to Callie when she **found** out that Callie would be visiting her son for the Thanksgiving holidays. Mother and son helped together at the Stewpot on November 22. They said that the Experience was amazing!



## Sylvia and Emilio Barrios

Sylvia and Emilio Barrios were looking for a place to volunteer, and Ms. Bridgette helped them find the Little Rock Stewpot. Ms. Bridgette Norwood is the retired golf coach at UALR. Ms. Bridgette's father owned a restaurant in North Little Rock. She has been an enthusiastic volunteer for several years now combining her food knowledge with her





love for the Stewpot mission. Silvia and Emilio have been volunteering every Thanksgiving, but they are hoping to volunteer more often. They enjoy helping others.

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## **ABOUT MICHAEL DEAN SHELTON**

A (Very Proud) Southerner,  
Humanitarian, Razorback Football  
Fan, Lover of Cupcakes and  
Starbucks. Photography has



allowed me to express the beauty of world around me and to  
champion the place and the causes that I love.

Michael has developed a legacy for Stewpot. His website offers a series of some of his most spectacular photographs as wall art on different media. In addition to wall art, the website also offers stationery, apparel and much more. 100% of all of the money raised from the images within this collection will go directly to the Stewpot to help them to continue to be of service

to those in need.

To visit his website and to purchase items, click on the link below.

## [Michael's Website](#)

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# Volunteers Needed!



Volunteers are always needed at the Stewpot.  
Volunteers typically help prepare sack lunches

one day a month, i.e., a certain day of the month and usually work only once a month. There is nothing to preclude working more than once a month. Normally working times each day are from 9:00 am - 11:00 am. Volunteers help make sandwiches and whatever else is being served that day. Something hot, such as soup, stew, or wraps are served once or twice a week. Also, the items must be placed in paper bags which Jason and Yolanda carry down to the serving area. For special occasions, a hot meal is prepared and served downstairs rather than sack lunches. For these occasions, the regular team prepares the food and a special team serves the food to the diners. The teams have fun and interact with each other as they volunteer at the Stewpot.

Volunteers are also needed in the Clothes Closet. Volunteers distribute women's clothing on Tuesdays from 12:00 - 1:00 p.m. and men's clothing on Thursdays from 12:00 - 1:30 p.m.

Barbara likes for women to distribute women's



clothing and men to distribute men's clothing.

**Please consider volunteering**

**For more information or to  
volunteer, contact the  
Stewpot at:**

**[stewpotlr@gmail.com](mailto:stewpotlr@gmail.com)**

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# Clothes Closet

*"I needed clothes and  
you clothed me."*

Matthew 25:38

## Clothes Closet Update

The Clothes Closet would like to wish one and all a very Merry Christmas and the happiest of New Years!! If you happen to run into Santa Claus, please tell him the Clothes Closet has small men's jeans/pants and blankets on their wish list!!

# SPECIAL ANNOUNCEMENT

**The Stewpot will be closed for Christmas from Monday, December 26th through Friday, December 30th.**

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## **Make a Donation to Stewpot**

Stewpot's financial support comes from donations from churches and individuals. With food costs rising and our numbers increasing each month, we really need your financial support. Please help support the Stewpot. Make an online donation by clicking on Make a Donation below. When you click on Make a Donation, you will have the option of making an online donation with either PayPal or a credit card.

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[Make a Donation](#)

**[800 Scott Street, Little Rock, AR 72201]  
[ 501) 372-1804 ] [stewpotlr@gmail.com]  
[<http://www.stewpot-littlerock.org/>]**

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